



# Uitemate



The 9th Workshop on the Water Rescue and Survival Research

27 November 2021

ONLINE

The Society of Water Rescue and Survival Research

*“Uitemate”* is an important motto to help survive sudden water accidents. When a person encounters a water related incident, it is vital to keep the air-way free by floating on their back (*uite*) and waiting for a rescuer to come to their assistance (*mate*).

*Uitemate* challenges the current thought of water rescue to where the victim plays the leading role, not rescuer.



## Welcome Message

It is our greatest honor and pleasure to host the 2021 workshop on water rescue and survival research (Uitemate 2021) online.

The Society of Water Rescue and Survival Research has spent nine years to spread Uitemate, the important skills of victims in water accident, in Asian countries such as Sri Lanka, Indonesia, Thailand, Malaysia, Taiwan, Vietnam, and the Philippines. Moreover, we had great opportunities to meet all the responsible Uitemate leaders in each country to foster Uitemate instructors in their countries. The main aim of this workshop on Uitemate is to share the information about water accidents and disasters around the world and its countermeasures.

We welcome all of you to our 9th International Workshop on Water Rescue and Survival Research (Uitemate 2021).

### **Executive Committee Members**

Hidetoshi Saitoh, Ph. D.

Chairman, Organizing Committee of Uitemate Workshop 2021

Professor, Nagaoka University of Technology, Japan

Takahiko Kimura, Ph. D.

Co-Chairman, Organizing Committee of Uitemate Workshop 2021

Professor, Meiji University of Integrative Medicine, Japan

Yoshihiro Ominato, Mr.

Co-Chairman, Organizing Committee of Uitemate Workshop 2021

Associate Professor, National Institute of Technology, Nagaoka College, Japan

Tetsuya Yokota, Mr.

Co-Chairman, Organizing Committee of Uitemate Workshop 2021

Director, Vessel Operation Div. Nippon Marine Enterprises, LTD. Japan



## General Information

<b>Date</b>	November 27 <sup>th</sup> , 2021
<b>Venue</b>	Online (Zoom)
<b>Theme</b>	Water accidents and disasters around the world and its countermeasures
<b>Official Website</b>	<a href="http://wr.umin.jp/2021international.html">http://wr.umin.jp/2021international.html</a>
<b>Official Language</b>	English




## Registration

For your registration to Uitemate 2021, please access to the URL below and fill out the form.

<https://forms.office.com/r/rPAeGP8yEC>

You will receive the Zoom URL to join our workshop approximately one week before the workshop (Nov. 27). We are sorry to mention but due to the capacity of our Zoom, we will send the URL ONLY to the first 300 people.



[Uitemate 2021] Audience's  
Registration Form  
参加（聴講）申込書

Welcome to the registration form for the Uitemate 2021 [online] on Nov. 27, 2021.

THEME "Water accidents and disasters around the world and its countermeasures."  
DATE: November 27 (Sat), 2021  
TIME: 14:00pm-17:00pm (JST)  
PLACE: Online (Zoom)  
Language: English  
Registration Deadline: November 13(Sat), 2021 [11:59pm (JST)]

First, please switch the language on the top, and please fill out the information below and submit it.  
Please make sure you fill in all the information accurately so that we can send you the Zoom URL about one week before the workshop. Just in case you register after 13 Nov., please contact us at [hello@uitemate.jp](mailto:hello@uitemate.jp).  
Thank you very much for being interested in Uitemate 2021 online workshop.

以下のフォームに必要事項を記入し、送信してください。後日、記入したemailアドレスにZoomのURLアドレスを送信いたします。ワークショップ1週間前を目途に送信しますので、メールアドレスは正確にご記入ください。

\* 必須

1. Participant's Name \*

回答を入力してください

2. What is your title? \*

☐ Mr.

☐ Ms.

☐ Dr.

☐ その他

3. Affiliation: What is your occupation?

回答を入力してください

4. Email Address \*

回答を入力してください

5. Where are you from? / Which country are you from? \*

☐ Indonesia

☐ Malaysia

☐ Philippines

☐ Sri Lanka

☐ Taiwan

☐ Thailand

☐ Japan

☐ その他

送信

パスワードを記憶しないでください。 不正利用を報告する



# Uitemate 2021



## **The 9<sup>th</sup> Workshop on the Water Rescue and Survival Research: Uitemate 2021 (online)**

Date: November 27, 2021 14:00-16:30pm (JST)

Venue: Online (Zoom meeting)

Language: English

Organizer: The Society of the Water Rescue and Survival Research

\*Presentation: 15 minutes for each presentation + 5 minutes of Q&A

\*The time on this timetable is all Japan Standard Time (JST). Please make sure and check that you have time difference between the time zone of your country and that of Japan.

13:30~	Preparation (Participants can try their connections)
14:00-14:10	Uitemate 2021 Starts, welcome and admin matters
14:10-14:20	Opening Remarks: Dr. Hidetoshi SAITOH (President of SWRSR)
14:20-14:30	Introduction: Mr. Tetsuya Yokota [Japan] Uitemate international activities
14:30-15:10	Keynote speech: Mr. Terence Toriano [Philippines] “Uitemate Introduction to New Participants”
15:10-15:30	Presentation 1: Mr. Fitzkhooon Liang [Singapore] “COVID-19 and Drowning Prevention”
15:30-15:40	SHORT BREAK 10 min.
15:40-16:00	Presentation 2: Mr. Asanka Nanayakkara [Sri Lanka] “How did UTIMATE help to reduce drowning in Sri Lanka”
16:00-16:20	Presentation 3: Ms. Junko Nagahara [Japan] “Relationship between iconography of water accident tradition and water accident prevention education in Asian countries”

16:20-16:30      Closing Remarks:      Mr. Yoshihiro Ominato

16:30      End of Uitemate2021

**!!Please note that the schedule for this workshop is subject to change without prior notice.!!**



# UITEMATE Workshop 2021

## Presentation Summary

Keynote speech 14:30-15:10 (JST)

Mr. Terence Toriano (Philippines)

[Municipal Disaster Risk Reduction Management Office of Kalibo /Division Chief]

*“Uitemate Introduction to New Participants”*

The presentation is more about introducing the concept of Uitemate to the New Participants from the science to the practical application and making it understandable even for non-English Speaking participants who may only have limited knowledge in the English language.

Presentation 1 15:10-15:30 (JST)

Mr. Fitzkhoo Liang (Singapore)

[Singapore Life Saving Society]

*“COVID-19 and Drowning Prevention”*

Social distancing has kept us safe from the virus. This time around, we would like to use the same concept and remind everyone to keep you and your loved ones within one arm's length, whenever they are in waters. We will also be sharing some images on our refresher course on survival swimming

Presentation 2 15:40-16:00 (JST)

Mr. Asanka Nanayakkara (Sri Lanka)

[President, the Life Saving Association of Sri Lanka]

*“How did UITEMATE help to reduce drowning in Sri Lanka”*

The Drowning Prevention Report issued by the Sri Lanka Life Saving (SLLS) in 2014 stated that average deaths reported per year within the country had been around 850 during the period of 2001 to 2009 and 4.2 deaths per 100,000 during the period of 2012 to 2014. The drowning prevention report that was issued in 2020 covering the period of 2016 to 2018, states that the fatal drowning rate in the country has been improved by 20% within that stipulated period and recorded as 755.

According to the report in 2020, the recent census obtained in this regard states the prime reasons for such accidents have been identified as the negligence, ignorance, consumption of alcohol, less swimming ability and lack of usage of safety equipment.

The UITEMATE program first started in Sri Lanka in 2012 with the objective of developing a partnership between SLLS and the Japan Society of Water Rescue and Survival Research. Currently there are over 500 UITEMATE instructors all around the island, and almost 10,000 school students have been trained by them annually till 2019. Altogether more than 75,000 school children have trained throughout the 25 districts in the Island until 2021.

Presentation 3 16:00-16:20 (JST)

Ms. Junko NAGAHARA (Japan)

[OSAKA UNIVERSITY Graduate School of Language and Culture / Associate Professor]

*“Relationship between iconography of water accident tradition and water accident prevention education in Asian countries”*

In this presentation, the research subject is the case of iconography of water accident tradition in Asian countries. In Japan, Kappa (spirits that are considered the cause of water accidents) are often drawn on signboards for preventing water accidents installed on the side of rivers and ponds. In addition, the character of Kappa depicted in children's picture books is not one. For example, scary, friendly, weak, and so on. In Asian countries as well, there are examples of iconography of water accident traditions on posters for the prevention of water accidents.

Studies to date have revealed that people's beliefs, beliefs, folklores, and customs are also used in disaster prevention activities and education.

Therefore, the purpose of this study is to clarify the cultural relationship between people in each region and water bodies such as rivers and seas by comparing the visualization of water accident traditions in Asian countries. It is also aimed to make the iconography of the mysterious tradition useful for water accident prevention education.